



NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND YOUR RIGHTS. PLEASE REVIEW IT CAREFULLY.

You are receiving health care at Physical Medicine Associates of Northern Michigan or a facility that is part of Physical Medicine Associates of Northern Michigan.

We are required by law to maintain the privacy of individually identifiable patient health information (this information is “protected health information” and is referred to herein as “PHI”). We are also required to provide patients with a Notice of Privacy Practices regarding PHI. We will only use or disclose your PHI as permitted or required by applicable state law. This Notice applies to your PHI in our possession including the medical records.

Physical Medicine Associates of Northern Michigan understands that your health information is highly personal, and we are committed to safeguarding your privacy. Please read this Notice of Privacy Practices thoroughly. It describes how Physical Medicine Associates of Northern Michigan will use and disclose your PHI, and what your rights, under HIPAA, are

This Notice applies to the delivery of health care by Physical Medicine Associates of Northern Michigan and its medical staff in the hospital, outpatient departments and clinics.

Permitted Use or Disclosure

A. Treatment: Physical Medicine Associates of Northern Michigan will use and disclose your PHI in the provision and coordination of health care to carry out treatment functions. Physical Medicine Associates of Northern Michigan will disclose all or any minimally necessary portion of your patient medical record information to your attending physician, consulting physician(s), nurses, pharmacists, technicians, medical students, dieticians, and other health care providers who have a legitimate need for PHI in your care and continued treatment. Different departments will share medical information about you in order to coordinate specific services, such as lab work, x-rays and prescriptions.

Physical Medicine Associates of Northern Michigan also will disclose PHI to people or entities outside Physical Medicine Associates of Northern Michigan who will be involved in your medical care after you leave Physical Medicine Associates of Northern Michigan such as other care providers and family who will provide services that are part of your care, to coordinate treatment. Physical Medicine Associates of Northern Michigan will use and disclose your PHI to inform you of, or recommend possible treatment options or alternatives that will be of interest to you. Physical Medicine Associates of Northern Michigan will use and disclose PHI to contact you as a reminder that you have an appointment for treatment or medical care at Physical Medicine Associates of Northern Michigan. With respect to a group health plan, Physical Medicine Associates of Northern Michigan may also disclose PHI to a health plan sponsor.

If you are an inmate of a correctional institution or under the custody of a law enforcement officer, Physical Medicine Associates of Northern Michigan will disclose your PHI to the correctional institution or law enforcement official.

B. Payment: Physical Medicine Associates of Northern Michigan will disclose PHI about you for the purposes of determining insurance coverage and eligibility, billing, claims management, medical data processing, stop loss / reinsurance and reimbursement.

The medical information will be disclosed to any insurance company, third party payer, third party administrator, health plan or other health care provider (or their duly authorized representatives) involved in the payment of your medical bill and will include copies or excerpts of your medical records which are necessary for payment of your account. It will also include sharing the necessary information to obtain pre-approval for payment for treatment from your health plan.

The medical information may also be released to independent health care providers who were involved in your treatment (for example, Emergency Room physicians and Radiologists who are not employed by Physical Medicine Associates of Northern Michigan) or emergency delivery (via ambulance service) to Physical Medicine Associates of Northern Michigan so that they may seek payment for caring for you. Physical Medicine Associates of Northern Michigan will disclose PHI to collection agencies and other subcontractors engaged in obtaining payment for care.



C. Health Care Operations: Physical Medicine Associates of Northern Michigan will use and disclose your PHI during routine health care operations including quality review, utilization review, medical review, internal auditing, accreditation, certification, licensing or credentialing activities of Physical Medicine Associates of Northern Michigan, and for educational purposes.

For instance, we will need to share your demographic information, diagnosis, treatment plan and health status for population based activities relating to improving health or reducing health care costs, protocol development, case management and care coordination.

Physical Medicine Associates of Northern Michigan may also use and disclose your PHI to support the sale, transfer, or other corporate restructuring of Physical Medicine Associates of Northern Michigan's assets.

D. More Stringent State and Federal Laws: The State law of Michigan is more stringent than HIPAA in several areas. State law is more stringent when the individual is entitled to greater access to records than under HIPAA and when under state law the records are more protected from disclosure than under HIPAA. Certain federal laws also are more stringent than HIPAA. Physical Medicine Associates of Northern Michigan will continue to abide by these more stringent state and federal laws.

II Permitted Use or Disclosure with an Opportunity for You to Agree or Object

A. Family/Friends: Physical Medicine Associates of Northern Michigan may disclose PHI about you to a friend or family member who is involved in your medical care. We will also give information to someone who helps you pay for your care. In addition, we will disclose PHI about you to an agency assisting in a disaster relief effort so that your family can be notified about your condition, status and location. You have a right to request that your PHI not be shared with some or all of your family or friends.

B. Promotional Communications:

Physical Medicine Associates of Northern Michigan will not share or sell your information to companies that sell health care products or services for use by those companies to contact you.

I. Use or Disclosure Requiring Your Authorization

A. Psychotherapy Notes:

Physical Medicine Associates of Northern Michigan must obtain your authorization for any use or disclosure of psychotherapy notes, except as permitted by policy or law. Other Uses: Any uses or disclosures that are not for treatment, payment or operations and that are not required for public policy purposes or by law, and other uses and disclosures not described in this Notice will be made only with your written authorization.

B. Revocation:

You have the right to revoke an authorization at any time, by putting your request in writing and submitting the request to the Medical Records department.

C. Breach Notification:

Physical Medicine Associates of Northern Michigan will notify you if a breach of your unsecured protected health information occurs, if the information is shown to have been compromised.

IV Use or Disclosure Permitted by Public Policy or Law without your Authorization

A. Law Enforcement Purposes:

Physical Medicine Associates of Northern Michigan will disclose your PHI for law enforcement purposes as required by law, such as responding to a court order or subpoena, and may disclose information for purposes of identifying a criminal suspect or a missing person, or providing information about a crime victim or possible criminal conduct as part of a criminal investigation.

Required by Law:

Physical Medicine Associates of Northern Michigan will disclose PHI about you when required by federal, state or local law to make reports or other disclosures. Physical Medicine Associates of Northern Michigan also will make disclosures for judicial and administrative proceedings such as lawsuits or other disputes in response to a court order or subpoena. Physical Medicine Associates of Northern Michigan will disclose your medical information to government agencies when required by law, such as reporting a dog bit to public health. Physical Medicine Associates of Northern Michigan will report drug diversion and information related to fraudulent prescription activity to law enforcement and regulatory agencies. Specialized government functions will warrant the use and disclosure of your health information. These government functions will include military and veteran's activities, national security and intelligence activities, and protective services for the President and others. Physical Medicine Associates of Northern Michigan will make certain disclosures that are required in order to comply with workers' compensation or similar programs.

B. Coroners, Medical Examiners, Funeral Directors:



Physical Medicine Associates of Northern Michigan will disclose your information to a coroner or medical examiner. For example, this will be necessary to identify a deceased person or to determine a cause of death. We will also disclose your medical information to funeral directors as necessary to carry out their duties.

C. Organ Procurement:

Physical Medicine Associates of Northern Michigan will disclose your information to an organ procurement organization or entity for organ, eye or tissue donation purposes when donation has been authorized or to verify that appropriate organ procurement procedures were followed.

D. Health or Safety:

Physical Medicine Associates of Northern Michigan will use and disclose your information to avert a serious threat to health and safety of a person or the public. Physical Medicine Associates of Northern Michigan will use and disclose.

E.

PHI to Public Health Agencies for immunizations, communicable diseases, etc. Physical Medicine Associates of Northern Michigan will use and disclose PHI for activities related to the quality, safety or effectiveness of FDA-regulated products or activities, including collecting and reporting adverse events, tracking and facilitating product recalls, etc. and post marketing surveillance. You may opt out of the opportunity to receive information about a medical device subject to FDA tracking requirements; i.e. you may decline to disclose, or refuse permission to disclose, your name, address, telephone number and social security number, or other identifying information for the purpose of tracking the FDA device.

II. Your Health Information Rights

Although Physical Medicine Associates of Northern Michigan maintains all paper and electronic records concerning your hospitalization and treatment you have the following rights concerning your PHI:

A. Right to Inspect and Copy:

You have the right to access your PHI and to inspect and have a paper or electronic copy made of your PHI as long as we maintain it except for: psychotherapy notes (those notes kept in a personal file by a therapist or physician and not part of the formal medical record), information that may be used in anticipation of, or that will be used in a civil, criminal or administrative action or proceeding, and where prohibited or protected by law. Physical Medicine Associates of Northern Michigan will deny your request for access to your PHI without giving you an opportunity to review that decision if:

You don't have the right to inspect the information; or it is otherwise prohibited or protected by law;

You are an inmate at a correctional institution and obtaining a copy of the information would risk the health, safety, security, custody or rehabilitation of you or other inmates;

The disclosure of the information would threaten the safety of any officer, employee or other person at the correctional institution or who is responsible for transporting you;

You are involved in a clinical research project and Physical Medicine Associates of Northern Michigan created or obtained the PHI during that research. Your access to the information will be temporarily suspended for as long as the research is in progress;

Physical Medicine Associates of Northern Michigan obtained the information that you seek access to from someone other than the health care provider under a promise of confidentiality and your access request is likely to reveal the source of the information; or

Under other limited circumstances. In these instances, however, Physical Medicine Associates of Northern Michigan will allow the review of its decision by a health care professional that Physical Medicine Associates of Northern Michigan has chosen. This person will not have been involved in the original decision to deny your request.

Physical Medicine Associates of Northern Michigan may charge a reasonable copying charge. You must make your requests to access and copy your PHI in writing to Physical Medicine Associates of Northern Michigan's Medical Records c/o the hospital that treated you. Physical Medicine Associates of Northern Michigan will respond to your request within 30 days of its receipt. If we cannot, we will notify you in writing to explain the delay and the date by which we will act on your request. In any event, we will act on your request within 60 days of its receipt.



B. Right to Amend:

You have the right to amend your PHI for as long as Physical Medicine Associates of Northern Michigan maintains it. However, we will deny your request for amendment if:

- Physical Medicine Associates of Northern Michigan did not create the information;
- The information is not part of the designated record set;
- The information would not be available for your inspection (due to its condition or nature); or
- The information is accurate and complete.

If Physical Medicine Associates of Northern Michigan denies your request for changes in your PHI, we will notify you in writing with the reason for the denial. We will also inform you of your right to submit a written statement disagreeing with the denial. You may ask that we include your request for amendment and the denial any time that Physical Medicine Associates of Northern Michigan discloses the information that you wanted changed. Physical Medicine Associates of Northern Michigan may prepare a rebuttal to your statement of disagreement and will provide you with a copy of that rebuttal. You must make your request for amendment of your PHI in writing to Physical Medicine Associates of Northern Michigan, including your reason to support the requested amendment. Physical Medicine Associates of Northern Michigan will respond to your request within 60 days of its receipt. If we cannot, we will notify you in writing to explain the delay and the date by which we will act on your request. In any event, we will act on your request within 90 days of its receipt.

C. Right to an Accounting:

You have a right to receive an accounting of the disclosures of your PHI that Physical Medicine Associates of Northern Michigan made, except for the following disclosures:

- To carry out treatment, payment or health care operations;
- To you;
- For national security or intelligence purposes;
- To correctional institutions or law enforcement officials in custodial situations; or
- That occurred prior to April 14, 2003.

For each disclosure, you will receive: the date of the disclosure, the name of the receiving organization and address if known, a brief description of the PHI disclosed and a brief statement of the purpose of the disclosure or a copy of the written request for the information, if there was one. You must make your request for an accounting of disclosures of your PHI in writing to Physical Medicine Associates of Northern Michigan's Medical Records Department. You must include the time period of the accounting, which may not be longer than 6 years. We will respond to your request within 60 days from its receipt. If we cannot, we will notify you in writing to explain the delay and the date by which we will act on your request. In any event, we will act on your request within 90 days of its receipt.

D. Right to Request Restrictions:

You have the right to request restrictions on certain uses and disclosures of your PHI:

- To a health plan with respect to healthcare for which you have paid out of pocket in full prior to service being initiated. The request must be in writing.
- Limited information in the facility directory.

E. Right to Confidential Communications:

You have the right to receive confidential communications of your PHI by alternative means or at alternative locations. For example, you may request that we only contact you at work or by mail.

F. Right to Receive a Copy of this Notice:

You have the right to receive a paper copy of this Notice of Privacy Practices, upon request.

VI Complaints

If you believe your privacy rights have been violated, you may file a complaint with Physical Medicine Associates of Northern Michigan and /or with the Secretary of the Department of Health and Human Services, Office of Civil Rights. For more information, or to voice a privacy complaint for an incident at Physical Medicine Associates of Northern Michigan, please contact Physical Medicine Associates of Northern Michigan's Privacy Officer, at:

3988 West Royal Drive
Traverse City, MI 49684
(231) 935-0860



Physical Medicine Associates of Northern Michigan assures you that there will be no retaliation for filing a complaint. VII Sharing and joint use of your Health Information In the course of providing care to you and in furtherance of Physical Medicine Associates of Northern Michigan's mission to improve the health of the community, Physical Medicine Associates of Northern Michigan will share your PHI with other organizations as described below who have agreed to abide by the terms described below:

A. Medical Staff: The medical staff and Physical Medicine Associates of Northern Michigan participate together in an organized health care arrangement to deliver health care to you. Physical Medicine Associates of Northern Michigan and its medical staff have agreed to abide by the terms of this Notice with respect to PHI created or received as part of delivery of health care services to you in Physical Medicine Associates of Northern Michigan. Physicians and allied health care providers are members of Physical Medicine Associates of Northern Michigan medical staff and will have access to and use your PHI for treatment, payment and health care operations purposes related to your care within Physical Medicine Associates of Northern Michigan. Physical Medicine Associates of Northern Michigan will disclose your PHI to the medical staff for payment, treatment and health care operations.

B. Business Associates: Physical Medicine Associates of Northern Michigan will use and disclose your PHI to business associates contracted to perform business functions on its behalf including Physical Medicine Associates of Northern Michigan, who performs certain business functions for Physical Medicine Associates of Northern Michigan. Whenever an arrangement between Physical Medicine Associates of Northern Michigan and another company involves the use or disclosure of your PHI, that business associate is required by HIPAA law to keep your information confidential.

C. Physical Medicine Associates of Northern Michigan participates in an organized health care arrangement for utilization review and quality assessment activities involving PHI. Physical Medicine Associates of Northern Michigan abides by the terms of this Notice with respect to PHI created or received as part of utilization review and quality assessment activities of Physical Medicine Associates of Northern Michigan and its members.

D. Changes to this Notice: Physical Medicine Associates of Northern Michigan will abide by the terms of the Notice currently in effect. Physical Medicine Associates of Northern Michigan reserves the right to change the terms of its Notice and to make the new Notice provisions effective for all PHI that it maintains. Physical Medicine Associates of Northern Michigan will provide you with the revised Notice at your first visit following the revision of the notice.

III. Review of the Notice of Privacy Practice

The NPP was reviewed and updated in 2013, and is reviewed each 2 years. The most current version of the NPP is posted on Physical Medicine Associates of Northern Michigan's internet site.

Original Date: 04/14/2003

Revised per HIPAA Omnibus Rule : 09/18/2013

Revised Date Implementation: 09/23/2013